

## BALLISTIC SHIELD AND METHODS OF USE AND FORMATION

### ABSTRACT OF THE DISCLOSURE

A ballistic shield formed of ballistic material is provided with side wing sections and a central section adjustably secured to one another. A support/handle is provided adjacent a shallow V-groove along the upper margin of the shield for mounting and grasping the forward end of a barrel of a long gun with one hand, enabling the individual to support the shield and in part the long gun by one hand. The individual's opposite hand is free to operate the long gun. A strap is connected to the shield and carried by the individual in the hand supporting the shield and the long gun. Thus, the hand that supports the shield also supports the long gun.